



**Coach Patrick Daberkow**



**CNTC  
Grand Island Sr. High  
Memorial Stadium**

**Camp Director - Jeff Tomlin**

## **Featured Clinicians**

**Patrick  
Daberkow  
Head Coach**



**& The Concordia Univ.  
Staff: Corby Osten DC  
and Thomas Byrd OC  
and OL Coach**



## **Central Nebraska Trench Camp**



**June  
22nd & 23th  
2017**

**CNTC Objectives:**

*To coach our campers in the latest techniques of offensive and defensive line play and to provide each camper with success strategies for the game of football and life.*

**Offensive Line Skills**

- Stance / Start
- Run Blocking Footwork
- Striking Skills
- Pull Techniques
- Zone Concepts
- Combo Blocking
- Pass Protection Footwork
- Pass Protection Punch

**Defensive Line Skills**

- Stance and Start
- Striking with Hands
- Separation
- Block Protection / Escapes
- Techniques vs. Base, Reach and Down Blocks
- Pass Rush Skills

**Competition**

**Campers will also have the opportunity to work in competitive drills. Campers will be matched up by age group and size.**

**Dates:**

Thurs. June 22 & Fri. June 23

**Time: Check in 3:30 pm**

Thur. Session 1: 4 pm to 5:30 pm  
 Thur. Session 2: 6:30 pm to 8pm  
 Fri Session 1: 8:30 am to 10 am  
 Fri Session 2: 11 am to 12:30

**Location:**

Grand Island Sr. High  
 2124 N. Lafayette Ave.  
 \*We will use Memorial Stadium  
 \*Come to the locker room on the SE corner of the building along College Street

**Cost: \$55**

**Grade Level:**

For high school offensive and defensive linemen entering the 9th through the 12th grades

**What to bring: 1/2 Rack**

Helmet, Shoulder Pads, Practice Jersey, Cleats and Mouth Piece

- \*We recommend a padded compression girdle to wear under your shorts
- \*Locker room and showers available
- \*Lodging and meals will be the responsibility of the camper

Name \_\_\_\_\_

Grade \_\_\_\_\_

School \_\_\_\_\_

Address \_\_\_\_\_

Home Phone # \_\_\_\_\_

Work Phone # \_\_\_\_\_

**I hereby request that you accept this application for enrollment of \_\_\_\_\_ (name) in the Central Nebraska Trench Camp during the dates set forth on this application. I hereby release Coach Jeff Tomlin, Coach Patrick Daberkow and Staff, the Grand Island Football Staff and the Grand Island Public Schools and their employees from claims for any injuries which may be sustained by our son while attending the camp. I also certify that our son is medically fit to participate in Central Nebraska Trench Camp.**

**Please return this registration and \$55 check payable to:**

**Central Nebraska Trench Camp  
 % Coach Jeff Tomlin  
 2124 N. Lafayette  
 Grand Island, NE 68803**